

MONDAY

Sticky Orange Chicken w/ 1
Brown Rice
OR
Sunbutter & Jelly Sandwich
Daily Fruit & Veggie
Choice of Milk

BREAKFAST
Blueberry/Sausage
Breakfast Stick OR
Cereal & Grahams
Fruit & Choice of Milk

TUESDAY

Navajo Beef Tacos 2
OR
Smoked Turkey & Cheese
Sandwich
Daily Fruit & Veggie
Choice of Milk

BREAKFAST
Chefs Choice OR
Cereal & Grahams
Fruit & Choice of Milk

WEDNESDAY

Chefs Special 3
(check cafe for menu special)
OR
Sandwich of the Day
Fresh Fruit & Veggie
Choice of Milk

BREAKFAST
Country Sausage & Cheese
Pizza
OR Cereal & Grahams
Fruit & Choice of Milk

THURSDAY

Half Day 4
No Lunch
Service

BREAKFAST
Mini Cinni Minis
OR Cereal & Grahams
Fruit & Choice of Milk

FRIDAY

No School

Fall Break
October 5-12

Students choice of 1% white milk and FF chocolate milk with every meal.

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Students must select 3 of the 5 components, one of the components must be a fruit or veggie.

Chefs Special 15
(check cafe for menu special)
OR
Sandwich of the Day
Fresh Fruit & Veggie
Choice of Milk

BREAKFAST
Pancakes & Sausage
OR Cereal & Grahams
Fruit & Choice of Milk

Finger Lickin' Chicken 16
Tenders & Dinner Roll
OR
Egg Salad w/ Garden
Greens & Roll
Fresh Fruit & Veggie
Choice of Milk

BREAKFAST
Cinnamon Mini Cinnis
OR Cereal & Grahams
Fruit & Choice of Milk

Backyard Cheeseburger 17
Crispy Oven Fries
OR
Yogurt Cup, String
Cheese & Grahams
Fresh Fruit
Choice of Milk

BREAKFAST
Goopy Cheesy Toast
OR Cereal & Grahams
Fruit & Choice of Milk

Squeezy Cheesy Nachos 18
Aztec Corn
OR
Ham & Cheese Sandwich
Fresh Fruit
Choice of Milk

BREAKFAST
Waffles & Sausage
OR Cereal & Grahams
Fruit & Choice of Milk

Pizza Friday 19
(pepperoni or cheese)
OR
Chef Salad & Dinner Roll
Fresh Fruit & Veggie
Choice of Milk

BREAKFAST
Sausage & Cheese Bagelwich
OR Cereal & Grahams
Fruit & Choice of Milk

All salads served with a whole grain roll. All rolls, buns, bread and pizza crust are whole grain.

Carnival Golden Corn Dog 22
OR
Oven Roasted Turkey &
Cheese Sub
Fresh Fruit & Veggie
Choice of Milk

BREAKFAST
Blueberry/Sausage Breakfast
Stick OR Cereal & Grahams
Fruit & Choice of Milk

Mama's Spaghetti & 23
Meat Sauce & Dinner Roll
OR
Fruit Yogurt Parfait w/
Grahams
Fresh Fruit & Veggie
Choice of Milk

BREAKFAST
Egg, Sausage & Egg Burrito
OR Cereal & Grahams
Fruit & Choice of Milk

Half Day 24
No Lunch
Service

BREAKFAST
Cheesy Toast
OR Cereal & Grahams
Fruit & Choice of Milk

French Toast 25
Sausage Patty
OR
Sunbutter & Jelly Sandwich
Fresh Fruit & Veggie
Choice of Milk

BREAKFAST
Country Sausage & Cheese
Pizza OR Cereal &
Grahams
Fruit & Choice of Milk

Pizza Friday 26
(pepperoni or cheese)
OR
Chicken Ranch Salad &
Dinner Roll
Fresh Fruit & Veggie
Choice of Milk

BREAKFAST
Chefs Choice
OR Cereal & Grahams
Fruit & Choice of Milk

Breakfast consists of entrée, fruit and choice of milk.

Meaty Beefy Mac 29
Dinner Roll
OR
Oven Roasted Turkey &
Cheese Sandwich
Fresh Fruit & Veggie
Choice of Milk

BREAKFAST
Goopy Cheesy Toast
OR Cereal & Grahams
Fruit & Choice of Milk

Squeezy Cheesy Nachos 30
Refried Beans
OR
Hawaiian Chicken Salad
Dinner Roll
Fresh Fruit & Veggie
Choice of Milk

BREAKFAST
Cinnamon Mini Cinnis
OR Cereal & Grahams
Fruit & Choice of Milk

Ballpark Turkey Hot Dog 31
OR
Yogurt Cup, String Cheese &
Grahams
Fresh Fruit & Veggie
Choice of Milk

BREAKFAST
Pancake/ Sausage on a Stick
OR Cereal & Grahams
Fruit & Choice of Milk



Breakfast Prices
\$2.25 Paid, .25 Reduced*
& Free*

Lunch Prices
\$3.25 paid, .40 Reduced*
& Free*

*You may qualify for free or
reduced meals
check with your front office
for details.
Adult Lunch: \$4.00

Menu subject to change without notice due to unforeseen circumstances.

This institution is an equal opportunity provider.